

# MISSION POSSIBLE Wall of Fame

**GOAL:** To be able to score better on fitness tests for the National and President's Challenge Fitness Awards.

**HOW JACKIE HELPED:** Last year, I didn't do as well on my National and Presidential Fitness tests as I would have liked. After working out with Jackie, this year I was able to soar above my goals and score not only at the National level in certain categories, but even into the Presidential range! Jackie really helped me, and I get stronger and better all the time! I also love doing yoga with my friends and my mom.



(Opposite, top to bottom): Client Piper Winkler shows off her award-winning muscles and does tuck jumps with Trainer Jackie Kold, and enjoys yoga in class with her mom and friends.



Thanks, Jackie!